





Sport Wellington – Green Prescription and HealthLink eReferrals

Sport Wellington Green Prescription criteria

Sport Wellington is prioritising referrals for children with weight concerns for family based interventions and pregnant women at risk of developing diabetes.

The Adult GRx service is over-subscribed, we appreciate receiving referrals for adults who are ready to make change and commit to face-to-face healthy lifestyle support for three months (e.g. not as a means for a discounted swimming or gym access).

Programme	Criteria
Green Prescription (18 years +) 	Inactive, ready to make changes with one or more of the following: <ul style="list-style-type: none"> • Pre-diabetes (priority) • Overweight/very overweight • High blood pressure • High cholesterol • Mental illness
Maternal Green Prescription 	Pregnant women identified with any of the following: <ul style="list-style-type: none"> • Diagnosed with pre-diabetes or with risk factors for diabetes • Young mothers (<24 years) • Māori or Pasifika • BMI >30
Active Families (5-18 years) 	Whānau based support for children identified with weight concerns, or for those families wanting support for healthy lifestyle changes. Focus on Māori and Pasifika.
Pre-school Active Families (3-5years) 	Whānau based support for children identified with weight concerns, or for those families wanting support for healthy lifestyle changes. Focus on Māori and Pasifika.

Sending Sport Wellington an eReferral from MedTech-32

Find the patient record (e.g. the child for an Active Families referral, or an adult for Maternal or general Green Prescription)

1. Open the patient record

Search for the patient and open their electronic medical record (EMR) in MedTech.

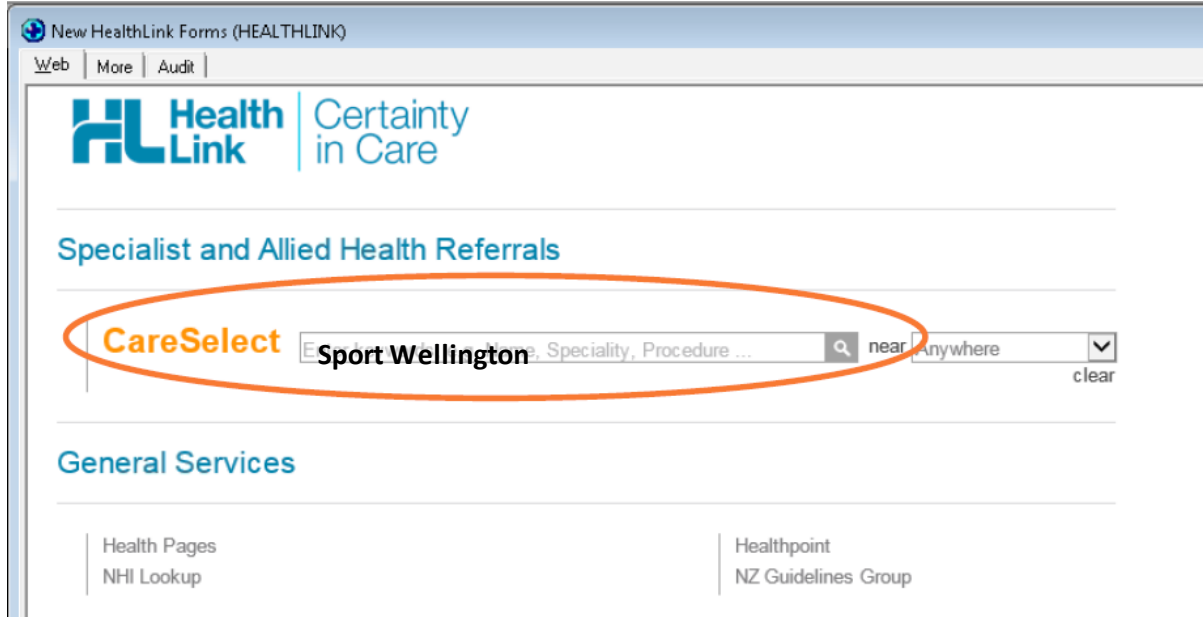


2. Select the HealthLink icon


Select the HealthLink icon above the patient details banner.



The referral launch page will display including a search bar – search for **Sport Wellington**.



Click on **Sport Wellington**, our bio will appear where you can find more information on programme criteria and how we work to support children, whānau and pregnant women.



Sport Wellington

Sports and Recreation, Pregnancy Health and Wellbeing, Green Prescription, Physical Activity, Obesity and Weight Loss, Pre-Diabetes

- Procedures & Services
- Areas of Interest
- Languages
- Affiliations
- Publications

Contact Information

Phone
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Summary

Many adults and children struggle with weight management, so Sport Wellington's team of Healthy Lifestyles Co-ordinators offer a range of FREE Green Prescription (GRx) programmes, encouraging individuals and whānau to be more active and learn about healthy eating, leading to enhanced physical, mental and social wellbeing.

There will be a button present prompting you to make a referral (not pictured). When you are making a referral, you can copy in consultation notes, blood tests and any other relevant medical information/reasons for referral. We will then make contact with the patient/family directly.