

Litterbox

Level: All

Equipment: One piece of paper per student

Purpose: To use different body parts to pick up the piece of paper

Directions:

1. Have each student scrunch up a piece of paper and drop it on the floor in front of them.
2. Teacher calls out different instructions for ways students should pick up the paper.

Some ideas are:

- Elbow and elbow
 - Foot and foot
 - Knee and knee
 - Forearm and elbow
 - Foot and elbow
 - Knee and elbow
 - Forehead and back of hand
 - Toe and finger
3. Students can place the paper ball back on their desks, chair or move it to other parts of the room.

Variations:

- Work with a partner to pick up the paper.
- Work as part of a team where students hop around their desks with the paper ball and pass to the next teammate using different body parts. The last team member places the paper ball in the rubbish bin. This could be a competition with the first team winning.
- Ask students to come up with different ways to retrieve the paper.
- For younger students this activity can help with body part identification (stick to the easiest combinations such as finger and finger, elbow and elbow etc).
- Challenge students to see how quickly they can pick up the paper.

Cross Curricular Links:

- Te Reo- Play the game using Maori words for the body parts

Links to fundamental movement skills:

This activity will help to develop-

- Balance skills
- Spatial awareness
- Body awareness
- Co-ordination skills