

Active Download



2018

Volume 1



Striking & fielding games

Whacky Baseball - learn and practise the skills of running bases, striking the ball and fielding the ball.

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Developing hand- eye coordination

Have a go at some manipulative activities that will help strengthen children's hand-eye coordination.

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Welcome!

Kia Ora,

Welcome to the first of our two annual hard copy Active Download newsletters, the second edition will be sent out near the beginning of term three.

Last term, there was a variety of opportunities to engage in physical activity and summer sporting codes such as cricket and athletics.

In this edition be sure to check out what's been happening around the region, the school zone & inter-zone sports calendar, early childhood related articles, information about volunteers and findings from Sport NZ's 'Value of Sport' survey.

Ka kite
Community Sport Team



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We send two e-newsletters per term, filled with classroom activities, upcoming workshops, new research, success stories and much more!

Subscribe to Active Download at:
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We want your stories!

Everyone loves a good story! Therefore we would love for you to send in stories of things you have been doing in your early childhood centre or school in the area of physical activity.

It could be a one-off event you run or an exciting unit of work that your class has taken part in. Blow your trumpet and share your fantastic work.

Send your contribution to;
info@sportwellington.org.nz

Note: The amount of stories we can share in each newsletter will be dependent on space.



WHAT IS PHYSICAL LITERACY?

PHYSICAL LITERACY LIFE CYCLE

Physical literacy is when kids have developed the skills, confidence, and love of movement to be physically active for life.



Physical literacy begins when parents encourage movement in infancy...



... develops throughout life...



... and can be a gift that is shared between generations.



7-8%

Higher annual earnings.



Reduced risk of heart disease, stroke, cancer, and diabetes



40%

Higher test scores.



Increased self-esteem and happiness

THE BENEFITS OF BEING PHYSICALLY ACTIVE*

* Adapted from Aspen Institute Sport for All - Play for Life: A Playbook to Get Every Kid in the Game

HOW IS PHYSICAL LITERACY DEVELOPED?

Kids develop physical literacy gradually through a variety of structured and unstructured activities. The nature of these activities changes as kids grow in age and ability.



0-3 years

Encourage early movement.



3-5 years

Expand on play, and keep it fun.



5-8 years

Increase the focus on fundamental movement skills.



8-12 years

Introduce more complex skills as kids are ready.

ACTIVE FOR LIFE

Learn more at: ActiveForLife.com



© Active For Life 2015

More resources are available at sportwellington.org.nz under the 'Teachers & Parents' menu tab.

Striking and fielding games

The concept of striking and fielding games is to 'score more runs than the opposition using the number of innings and/or time allowed'.

Tactical problems related to striking and fielding games include; striking the object to an open space, scoring points, reducing space on defence, and bowling/pitching accurately. Examples of striking and fielding sports include baseball, cricket, softball, kilikiti, and T-ball.

Whacky Baseball

Level:

Year 3 and above

Equipment:

Per game: 1 bat, 1 ball, 1 batting tee, 1 cone, 10 + bases

Purpose:

Whacky Baseball helps students learn and practise the skills of running bases, striking the ball and fielding the ball.

Formation:

Divide the class into four teams (have two games running, or more if you want to have smaller teams). Set up a Whacky Baseball playing area with enough bases for the batting team to be on one each, with a batting tee at the front and a cone in the middle.

Directions:

1. The fielding team spreads out to cover as much of the playing area as possible.
2. The batting team places themselves on the bases (there can be more than one per base) with one player starting at home plate (they will be the first to bat).
3. The teacher stands at a safe distance from the batting player and will act as the pitcher (or see variations section for options with pitching).
4. Once the batting player has successfully struck the ball, all players on the batting team begin running around the bases.
5. The fielding team attempts to field the ball and place it on top of the cone in the middle of the playing area.
6. Once the ball is on the cone, or if the ball is caught directly out of the air, the teacher says "freeze" and all running players must return to the last base they touched.
7. The batting team earns a point each time one of their players makes it back to the home plate.
8. Once all of the players on the batting team have had a turn at bat, the teams switch roles.



Variations:

Build One: Base Running

Have the teams run around the bases in order. Teams continue to run laps around the bases. When the teacher says “freeze”, players must return to the last base they touched.

Build Two: Throwing The Ball

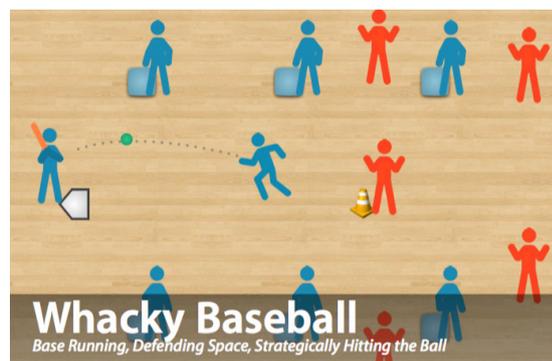
Teams now play the game by throwing the ball rather than striking it.

Build Three: Striking The Ball (from a tee)

Teams now play the game by striking the ball from a tee.

Build Four: Striking The Ball (thrown by a partner)

Teams now play the game by striking a ball thrown by the teacher.



Modifications to be able to use game with younger students:

- Instead of using a bat, the children can simply throw the ball.
- Have teams of only 3 so it is easier for them to work together around the bases.

Links to fundamental movement skills:

Manipulation skills

Striking with an implement
Catching
Throwing

Stability skills

Stopping
Lunging
Turning and pivoting

Locomotor skills

Running

www.thephysicaleducator.com/game/whacky-baseball

Children to nominate their favourite spot in NZ

The popular school ‘Top Outdoor Spot’ competition has returned for 2018! Running throughout Terms 1 and 2, the competition encourages New Zealand school children to send in a photo or drawing of their favourite outdoor spot and a short description about what makes it special for the chance to win.



All photos, drawings and descriptions sent in between 29 January 2018 and the end of the day on 6 July 2018 will be in to win prizes. All entries will be displayed in the online image gallery.

Who can enter?

Any student enrolled in a New Zealand school is eligible to win the Top Outdoor Spot competition. While this competition and the Both Sides of the Fence website is targeted at years 4-8, teachers may wish to use the site with younger or older students.

Submit your photos/drawings and find more information at bothsidesofthefence.org.nz

Teara shares her Active Families experience

Background

My daughter, Gardenia was referred to Active Families by our family GP earlier this year. This was a huge wake up call for me as I was oblivious to her weight issues and I thought she would just grow out of it. Boy was I wrong! It wasn't until I started to make a conscious effort on both the way we eat and participated in physical activity, that I realised that we needed to make a lifestyle change.

Solution

When we started we rarely did anything physical, to now making an extra effort to do something together as a family that involves physical activity. It's been small steps since then but I'm immensely proud to say that we are shifting towards the right direction and enjoying things that I used to take for granted.



Our choices in what we eat is still evolving, we no longer eat takeaways as often as we used to. Gardenia has grown fond of certain vegetables and fruits that she never used to enjoy before and that's because our attitude towards healthy eating has changed. With the help of Hoani (the Sport Wellington Healthy Lifestyle Co-ordinator), I've found ways of incorporating vegetables and fruits into our lunches and dinner and I know how to choose better options for breakfast.

The physical activity has been the biggest change for my two children (Roman, 4 and Gardenia, 7) and I. I purchased scooters for them soon after we were referred to Active Families and we spend a lot of our time finding different locations/spots around our neighbourhood for them to ride around. It brings me so much joy to see the smiles on their faces when we go for long walks and what they call "adventures" while on their scooters.



Gardenia has also picked up netball this term like a pro and is excelling in this sport, and she loves practicing almost every night. You can visibly see her sense of accomplishment all over her face every Saturday morning while she's playing and I couldn't be more proud to see her in her element.

Prior to this, Gardenia would usually be unsure and always doubt her abilities. She has shown great confidence within herself and is always willing to give things a go now.

Last year, we also took part in the Magic Mile race and the Mother's Day 5k fun run/walk which we loved doing and gearing up to do again next year. We've recently joined the weekly Active Families programme in Johnsonville every Monday and that is something that we all look forward to.

Conclusion

The highlight of our journey so far is seeing my kids healthier and happier than ever before. I've loved that everything we do; whether it's going for a scooter ride, netball practices at home or taking part in the Magic Mile race, it has been super fun and we hardly ever notice or count it as 'exercise' because we're too busy enjoying ourselves.

The most challenging part for me has been trying to implement the changes amongst extended family when the kids are under their care. I know this will take time and perseverance will eventually pay off.

Thank you Hoani and team for guiding us through a very rewarding 12 months, Gardenia, Roman and I am super excited to see what the rest of 2018 has in store.

More about Sport Wellington's Active Families

Active Families is a free programme that helps you and your children create a healthier lifestyle by becoming more active and learning about healthy eating. Our team of Healthy Lifestyles Co-ordinators help your family to set goals and get involved in fun physical activities that you can enjoy together.

Head to www.sportwellington.org.nz/activefamilies for more information, or contact us: (04) 380 2070 ext. 225 or email grx@sportwellington.org.nz.



Supporting Tama and his whānau

Receiving a pre-diabetes diagnosis for 11 year old Tamā was a defining moment for his whānau. They realised they needed to make lifestyle changes to not only benefit Tama but their whole whānau, and they knew they needed support to achieve this- so they accepted a referral to meet Kerewai from Sport Wellington Wairarapa.

Tama's specialist appointments, blood tests and GP check-ups have previously left mum frustrated and overwhelmed due to the brief "eat healthier and exercise more" advice she is given, but now she can discuss this with Kerewai who is able to unpack the information and support the development of a fit-for-purpose action plan.

"Active Families works because we're able to invest the time into whānau that other health professionals don't have. We build strong relationships with parents to understand their needs and struggles, offer them support, resources, community links, tools and education that will help them succeed in their situation." – Kerewai Tatana, Sport Wellington Wairarapa

For information about Active Families Wairarapa or other Green Prescription programmes contact Kerewai on 06 370 0157 or email kerewait@sportwellington.org.nz



*Name changed.

Developing hand-eye coordination for under-fives

When children engage in activities that develop their hand-eye coordination it helps them to lay down the foundations for more complex movements, such as striking a moving ball with a bat. Have a go at these manipulative activities that will help strengthening the children's hand-eye coordination. Put some music on and have a great time!



Scarves

- Wave scarf above head, on ground, under legs. One armed swinging, forwards and backwards, swap arms and do on other side. Big O's in front of body with the scarf, then attempt doing the first letter of your name – use big movements
- Screwing scarf up and making it into a small ball in hands (great for hand movement). On the count of 3, get children to throw the scarf up into the air and catch it. Repeat this, getting children to screw their scarf up each time. Have the children catch it using different body parts e.g. head, elbow, knee, foot, back
- For the older children- can they throw their scarf to a partner?

Feathers

- Experiment how the feather feels on different parts of our bodies (cheek, under our chins, elbows, knees etc)
- Can we then tickle someone else with our feather?
- Sit the feather on various parts of our bodies (shoulder, head, foot, knee, nose)
- Throw the feather up in the air and catch it
- How long can we keep the feather up in the air without touching it? Fan or blow your feather
- Can we throw our feather up and then blow underneath it to keep it in the air? Try this on the floor too
- On the floor can you move the feather around by hitting the ground behind it
- Have some feather races along the floor

Bubbles

- Blow bubbles: can you catch it with a pincer grip, poke them with your pointer finger, catch them on your elbow, stamp on them, catch them on a lolly pop stick or catch them in a yoghurt pottle

Sustainability plays big part in Wellington KiwiSport project

Spanning over the last three years, the Wellington KiwiSport Primary School Project continues to increase the exposure of the sport of AFL in Wellington Primary Schools. The support given by Sport Wellington has seen over 6,300 students take part in the AFL KiwiKick Programme since the project was given the green light back in 2015.

AFL New Zealand's 'AFL KiwiKick' programme focuses on developing fundamental movement and ball skills for boys and girls between 5 to 12 years of age.

The programme can include between 6 to 10 sessions and a match programme and takes place in schools to ensure the burden of travel is reduced for parents and volunteers. It can be held before, during or after school and runs on a set day each week with session frequency, duration and cost structure designed to suit the needs of each school or centre.

The highlight of the project came in June 2017 where a record number of Schools recently attended the fourth Upper Valley Cluster Tournament at Trentham Memorial Park, making it the biggest AFL KiwiKick Tournament that Wellington has seen.

15 teams from 11 schools attended the day with 10 of the schools having had the AFL KiwiKick programme in their school in the last 2 years. Over 180 kids participated in the tournament and the standard was high right from the start of the day with impressive kicking and marking throughout.

The tournament linked with the Secondary School KiwiSport project where 12 Upper Hutt College students who have completed the AFL Secondary Schools 'Coach the Coaches Programme' were on-hand to assist with the tournament. Upper Hutt College teacher Scott Leggatt was excited for the opportunity to link with local primary schools.

Over the course of the day the students assisted with all aspects of running a tournament. From umpiring and scoring games, to recording results and coaching fun games during bye rounds, the feedback from the primary schools was positive and were impressed by the professionalism shown by the Upper Hutt College students.

The first two years of the KiwiSport project focused on the in-school delivery of AFL KiwiKick. In 2017, the focus shifted to the after school delivery component to ensure the sports sustainability within primary schools in Wellington and at the completion of the project, 634 primary school students have continued on the AFL KiwiKick pathway outside of school hours.

AFL New Zealand will continue to deliver the AFL KiwiKick programme, as it both delivers on key outcomes specified by Sport NZ and KiwiSport, and gives participants an affinity with the sport of AFL.

Free taster sessions can be arranged for schools to provide both teachers and students with the opportunity to experience the fun and learning provided by AFL KiwiKick.

To arrange your free taster session for your School, please email National AFL KiwiKick Manager Reg Ranchhod, aflkiwikick@aflnz.co.nz



KiwiSport funding - how does it work?

KiwiSport is made up of two funds; the KiwiSport direct fund administered by the Ministry of Education, and the regional partnership fund administered by Sport Wellington.

We often get asked how KiwiSport funding works and we thought that it would be an appropriate time to remind schools about how your KiwiSport Direct Fund works, administered by the Ministry of Education.

KiwiSport provides direct funding to schools via the Ministry of Education to support sport for school-aged children and achieve the following aims:

- To increase the number of school-aged children participating in organised sport
- Increase the availability and accessibility of sport opportunities for all school-aged children
- Support children in developing skills that will enable them to participate effectively in sport

Here are some questions and answers regarding KiwiSport funding for schools:

How will the Government ensure schools use the money to increase students' participation in organised sport?

In line with the Government's commitment to reducing compliance for schools, no additional reporting methods will be required. However schools will be asked to include a short statement in their annual report on how they have used the funding to increase student's participation in organised sport. Use of the funding will also be monitored as part of schools' regular ERO reviews.

What can schools spend the KiwiSport direct funding money on?

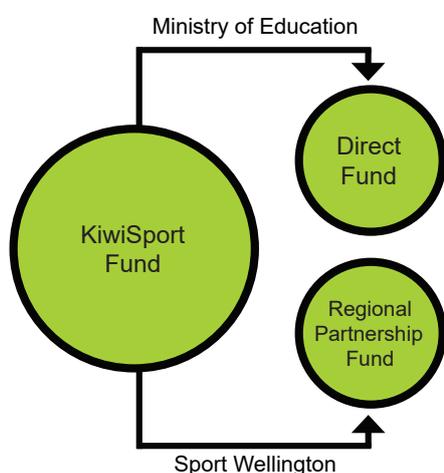
Anything that they can demonstrate will lead to more students participating in organised sport. The fund is intended to support schools in establishing new opportunities for young people to get involved in sport, and as such is not intended to cover normal operating costs such as routine property or grounds maintenance.

Can the KiwiSport direct funding be used towards the salary of a sports coordinator?

Yes. Boards can use KiwiSport funding to employ and pay teaching staff, as long as this contributes to KiwiSport's objectives.

How much will each school get and how will it be calculated?

The fund will equate to approximately \$13 per Year 1-8 student and \$21 for each Year 9-13 student calculated on the most recently-available roll return. As with other operations grant funding, schools will be notified of exactly how much they will receive in their September entitlement notice.



— The Ministry of Education directly funds KiwiSport to schools based on their student role (approximately \$13 per primary student and \$21 per secondary student).

— Sport Wellington allocates approximately \$885,000 p/a via KiwiSport as per the Sport Wellington KiwiSport Regional Partnership Plan 2015 - 2018. Visit our website for more information: www.sportwellington.org.nz/kiwisport



**PE &
SPORT**

**BUCKET
LIST**

PE & Sport Bucket List

Swim a mile, help lead a primary club, write up a match report for a sporting event; these are three of the 52 things that are on King Alfred Academy's (England) bucket list for students.

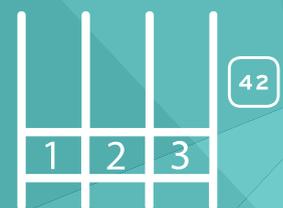
The reason? The college is striving to make students see PE, physical activity, school sport and their health as a lifestyle choice.

In order to initiate some change within King Alfred's student body, Matthew Bowler, Director of Physical Education, set up a PE Change Team formed of students from Year 7 to 10. The team decided to create a PE and Sport Bucket list.

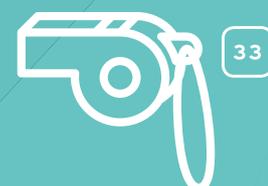
- 1 Complete Parkrun
- 2 Compete in school games
- 3 Swim a mile
- 4 Run sponsored walk
- 5 Watch a professional fixture
- 6 Help take out equipment
- 7 Use a piece of ICT in lessons
- 8 Run a lunch time club
- 9 Take part in electives
- 10 Learn how to take and calculate resting working and max HR
- 11 Attend the gym at lunchtime or after school
- 12 Identify 3 phases of a warm up
- 13 Bring a note and kit even if unable to take part in PE
- 14 Cycle or walk to school everyday for 2 weeks
- 15 Try out for a school team
- 16 Volunteer to officiate a game
- 17 Offer help on sports day or activities week
- 18 Follow the PE Department on Twitter @KingAlfredsPE
- 19 Choose a healthy lunch option
- 20 Participate in a Dance show and/or PE transition event
- 21 Lead a skilled drill
- 22 Get a House Point in PE
- 23 Demonstrate at least one stretch for each muscle group in a lesson
- 24 Show effort and determination
- 25 Write a match report for a school sports event
- 26 Have a photo with a sporting icon



IDENTIFY 3 STAGES
OF A WARM UP



COMPLETE 2 EVENTS
AT SPORTS DAY



OFFICIATE A SCHOOL FIXTURE

- 27 Play in at least 1 school fixture
- 28 Spend at least 1 lunchtime in the dome per term
- 29 Participate in a house sports event
- 30 Help to lead a PE elective
- 31 Perform an activity that pushes you out of your comfort zone
- 32 Apply to become a member of the Leadership Academy
- 33 Officiate a school fixture
- 34 Go on a school sports trip
- 35 Represent the school in 3 sports
- 36 Attend a sporting charity event
- 37 Take on a member of staff in a sport/activity of your choice
- 38 Take a leadership role within a PE lesson
- 39 Take on a captain role for a team sporting lessons/ fixtures/ electives
- 40 Complete 1km of aerobic work every lesson during a block of H & F
- 41 Learn a new sport that you have never tried before
- 42 Complete 2 events in sports day
- 43 Reach the top of the climbing wall
- 44 Run the 400m track
- 45 Perform tuck, pike and straddle on a trampoline
- 46 Help lead a primary club
- 47 Get on the 'Believe in your selfie' board
- 48 Complete the 5k race for life at school
- 49 Apply for house sports captain
- 50 Take part in the Team 16 at lunchtimes
- 51 Spectate and support a home fixture
- 52 Assist the PE department for open evening

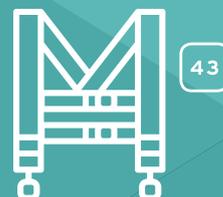


FOLLOW THE PE DEPARTMENT
TWITTER ACCOUNT



BEHAVIOUR

GET A HOUSE POINT IN PE



REACH THE TOP OF
THE CLIMBING WALL

The idea was to develop a lifestyle choice that can be continued into adulthood – rather than as a “one off”. Getting the pupils’ feedback and asking them to consult their peers and discuss as a group the various activities, has ensured the bucket list really matters to them.

It can be completed within lessons and outside of the classroom, and is inclusive – captivating a wide range of interest, activities and personality traits.

The bucket list contains areas of physical activity, leadership, officiating, use of technology, volunteering within the community, participation in competitive sport, as well as choosing healthier lifestyle choices.

This is something that could easily be done at primary or intermediate school. Gather a group of interested and passionate students together and start brainstorming!

King Alfred’s Academy- England

The Value of Sport

Sport NZ launched a new study which explores the value of sport to New Zealanders, their communities and our country.

The Value of Sport is based on extensive research, including a survey of around 2,000 New Zealanders and a review of previous studies from here and around the world.

Here are some key findings from the Value of Sport research:

88% believe that sport and other physical activities provide them with opportunities to achieve and help build confidence

86% agree that high performance sport both helps instil a sense of pride in our country, and contributes to our national identity as New Zealanders



84% believe sport and physical activity bring people together and create a sense of belonging

92% of the people they talked to believe being active keeps them physically fit and healthy, and helps relieve stress





Sport and active recreation contributes \$4.9 billion or 2.3% to our annual GDP, and the sector employs more than 53,000 New Zealanders.

To download these infographics, or view the full report visit sportnz.org.nz/valueofsport



SportStart Teacher Professional Development Workshop

The 2018 school year has started with a bang for some of our partner schools. Teachers from 10 of our new and current schools recently attended a full day SportStart workshop with the aim of heading back to their schools with lots of new ideas to implement and pass on to other teachers.

The purpose of the workshop was to familiarise all participants with the SportStart resource through teaching and learning from each other. While there was a theory component in which participants learnt about the physical literacy philosophy that underpins SportStart and how the resource works, a large portion of the day was spent learning through practical application.

By the end of the day all participants walked away having experienced, either through teaching or playing, three new warm up activities and three concepts based activities. Feedback included; “Once again, thank you so much for the session that you took – we both found it extremely valuable and felt a lot more confident about using the resources that are available to us.”

To find out more about SportStart head to www.sportwellington.org.nz/sportstart

SportStart



Zones update - LHPSSA Cricket Festival

Lower Hutt Primary School Sport Association (LHPSSA) ran two 'have-a-go' Cricket Festival events across three of its zones in Term 1. They worked with Cricket Wellington and their Community Development Officers in Hutt District and Petone-Eastbourne to support these events with the aim to improve linkages and pathways for schools to local cricket clubs.

The cricket festival was run using a non-stop Superstar Cricket format- an entry level game designed to help participants learn the basics of cricket in an enjoyable and exciting environment. Superstar Cricket encourages children of all abilities to play and experience cricket in a fun and fast environment, learning new skills and working as a team. It's an inclusive, made-for-age game and its benefits extend far beyond the game of cricket.



At its core, Superstar Cricket provides children with opportunities to experience the value of teamwork and active cooperation in a supportive and non-competitive framework. It creates an action-packed, fun atmosphere in which each participant feels fully involved. Each school team participated in four 8-over games taking approximately 20-30 minutes to complete with each player batting, bowling, wicket keeping and fielding.

Around 300 Year 3-6 students from twelve different schools participated across the two festivals. Over 45 parent and teacher volunteers played an active role in the day, keeping score and motivating the children to take part to their best abilities, work as a team and ultimately have fun!

Some of the comments back from schools were;

"The children loved the day and it was well organised. Many of our children have never played a sport for the school before, so this day was a great confidence builder for them."

"It was a fun day for some kids who don't get the opportunity at school."

Overall, LHPSSA found the festival to be a good balance catering for their 'have-a-go' and competitive schools, using a physical literacy philosophy encouraging full participation and lots of fun that impacted a good number of students and volunteers.

Having the local cricket community development officers present supporting schools and providing gear was a very useful relationship introduction for both schools and clubs. LHPSSA is looking forward to progressing this relationship next season.

Thanks to Tania Lister, Director of Sport at LHPSSA for the article and photos.



Knowing your volunteers by creating a database

Knowing who your volunteers are and the roles that they perform is an important step to take for any school that relies on parent/caregiver volunteers to support school activities.

Often, volunteers work in roles across the school without any central record held by the school to capture who they are and what they do. Therefore, we recommend that schools try to capture as much information as possible and record it in a database. This database itself can be as simple as an Excel spreadsheet.

A good place to begin is to capture what you already know about your volunteers – names, phone numbers, emails and addresses and what they do for the school. As further information is collected, the database can be expanded.

Of further value to the school is information such as jobs, spare time they may have, or other interests. This will enable the school to match people who have specific skills with important volunteer roles that need to be filled.

A database can be started at any point of the year and doesn't just have to be parents that have volunteered in the sporting area. It could include parents that help out in the classroom, with class trips, or even those solely providing transport.

The most time consuming part will be collecting all of the current information, however the most important part is keeping it up-to-date. Is there a parent volunteer or someone in the office that could keep it up to date and add details when new families start at the school?

The key questions are:

- What sort of document will it be kept on?
- Do you know who is currently doing what?
- Do you have contact details for everyone?
- What other information could you gather? (employment is a good one)
- Who will do the first part in the collection of current parent/caregiver volunteers?
- Who will then keep it up to date?

Sport Wellington has been working with Bellevue School to help with some ideas around recruiting, retaining and recognising volunteers.



Kendra Edwards, Bellevue School (left) with Ken Allen and Tania Bartley from Sport Wellington.

Kendra Edwards at Bellevue has recently started the process of keeping a database of volunteers by putting together a spreadsheet of all parents or caregivers that helped coach, manage or organise sports teams (both in school and out of school time) in the 2017 year. They will continue to add to this as new names come up and will be thinking about broadening the list to include parent helpers from all levels of the school.



For more volunteering information and resources, visit www.sportwellington.org.nz/volunteers

2018 School Zone & Interzone Sports Calendar - Term 2

Zone / Cluster	Sport	Date	Postpone	Venue	Organiser
UVPSSA	Cross Country	20 May		Harcourt Park	Shane Ross/Activation
UVPSSA	AFL	29 May	31 May	TMP	AFL NZ
UVPSSA	Swimming	19 June		H2O	Silverstream School
UVPSSA	Gym Fest	28&29 June		Rimatuka Gym Sports	Rimatuka Gym Sports
PPSSA	Cross Country	Weds Wk 4	Weds Wk 5	TBC	Tairangi
PPSSA	Netball	Weds Wk 8	Weds Wk 9	TBC	Titahi Bay North School
PPSSA	Ole Football	Weds Wk 6	Weds Wk 7	TBC	Tairangi
LHPSSA	South East Zone Sports Term 2 Meeting	9 May		Pelorus Trust House	South East Zone - LHPSSA
LHPSSA	Y3-6 Football - South East Zone	15 May	17 May	Hutt Park	South East Zone - LHPSSA
LHPSSA	Central Zone Sports Term 2 Meeting	16 May		Pelorus Trust House	Central Zone - LHPSSA
LHPSSA	South West Zone Sports Term 2 Meeting	16 May		Pelorus Trust House	South West Zone - LHPSSA
LHPSSA	Y-13 Tiniball	22 May		Walter Nash	LHPSSA
LHPSSA	Y4-6 Lawn Bowls/Basketball - Central Zone	23 May TBC		TBC	Central Zone - LHPSSA
LHPSSA	Y4-8 Cross Country - South East Zone	29 May	31 May	Sladden	South East Zone - LHPSSA
LHPSSA	Y4-8 Cross Country - South West Zone	29 May	31 May	Sladden	South West Zone - LHPSSA
LHPSSA	Y4-8 Cross Country - Central Zone	5 June	7 June	TMP	Central Zone - LHPSSA
LHPSSA	Y4-8 Cross Country - North Zone	5 June	7 June	TMP	North Zone - LHPSSA
LHPSSA	Y7/8 Basketball - Group 1	12 June		Walter Nash	LHPSSA
LHPSSA	Y5/6 Basketball - North Zone	13 June		Walter Nash	North Zone - LHPSSA
LHPSSA	Y5/6 Volleyball/Futsal - South West Zone	26 June TBC		TBC	South West Zone - LHPSSA
LHPSSA	Y7/8 Basketball - Group 2	27 June		Walter Nash	LHPSSA
LHPSSA	North Zone Sports Term 2 Meeting	27 June		Pelorus Trust	North Zone - LHPSSA
ALL	Regional Cross Country - Y4-8	3 July	5 July	Harcourt Park	LHPSSA/Activation
Otaki Kapiti	Tennis	8 May	10 May	Te Atiawa Courts	Kapiti
Otaki Kapiti	Volleyball Competition	15 May		Paraparaumu College Gym	Kapiti
Otaki Kapiti	Swimming Festival	22 May TBC		Coastlands Aquatic Centre	Kapiti
Otaki Kapiti	Cross Country	5 June	7 June	Waikanae Park	Kapiti
Parumoana	Y3/4 Ripa Rugby Tournament (optional)	15 May	17-May	Ngati Toa Domain	
Parumoana	Cross Country	12 June	14/19 June	Mackays Crossing	

Please note: The information provided is limited to what has been sent through by Zone Convenors prior to being published. For events not in the calendar, please contact your local School Zone Convenor.

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